

# Big Things Are Happening at The Center!

From hitting the airwaves to leading community conversations, The Center is making waves in all the best ways! Our team is stepping up, speaking out, and finding new ways to connect with you—whether through radio, public events, or exciting projects on the horizon (hint: podcasts!). Stay tuned—there's so much more to come!



SPBHS
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# Board of Directors

Brian Partridge, President Tim Sheffel, Secretary Morris Richardson, Member Ahnie Litecky, Member Jocelyn Brown, Member John Calhoun, Member Lisa Harbold-Pitta, Member





### Getting the Word Out on the Airwaves

Since his early days at The Center around 2013, our now Development Director Ashley Moore has been passionate about telling our story and raising awareness for the work we do for our neighbors.

In his time away from the agency Ashley has been producing his own podcast, so it was only a matter of time before he started leveraging those skills to bring our story to new platforms. Ashley was invited onto The Michael Dukes Show for the Wednesday, February 19th broadcast, where Michael gave SPBHS a full hour to talk about what we do, and how the community can help.

In addition, to being on Michael's show, Ashley is working on getting a podcast for The Center up and running so we can have even more ways to positively impact our community.

### Jay Bechtol, Chief Exectutive Officer and Guest Speaker

On Wednesday, February 12th, our fearless leader and most eloquent public speaker, CEO Jay Bechtol was the guest speaker at Wellness Wednesday. Jay discussed talking to your children about mental health and the importance of connecting with our kids as well as strategies to work with our kids on improving their mental health. Wellness Wednesday is a weekly discussion group hosted by the hospital which meets at the Kachemak Bay Campus of the college. After the speaker and discussion time they do yoga as a group.





### March **Anniversaries**

2024 - Rainbow O'Phelan

2012 - Patricia Michell

2003 - Jennifer Henley

1991 - Meg Mitchell

### They're at it AGAIN!

The Child and Family Department hosted Teen night at the SPARC to kick off Spring Break. Providers Angela, Amanda, Rainbow, and Anna represented SPBHS as hosts. In a brief survey, individuals that attended Teen Night in the past said their number one reason for attending was to interact with their friends. Teen Night at the SPARC gives them a safe place, with responsible and caring adults who can invest in their lives, while teens are unknowingly increasing their resilience by building a strong friend group, engaging in physical activity, and surrounding themselves with the mentors who volunteer and make Teen Night possible.

Going into break, the Child and family program participated in skating groups and also did activity days at the Clubhouse. One of the important reasons for maintaining groups through breaks is continuity of care. Creating opportunities for clients to continue their success trajectory by continued exposure to positive behavioral interventions.

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Tim Scheffel Board Secretary



Brian Partridge Board President



Morris Richardson Board Member



John Calhoun Board Member



Ahnie Litecky Board Member



Jocelyn Brown Board Member



Lisa Harbold-Pita Board Member

### endership Team



Jay Bechtol Chief Executive Officer



Carla Meitler Chief Operating Officer/ Chief Financial Officer



Leeann Serio Quality Improvement Director



Ashley Moore Development Director



Donna Duncan Clinical Director



Rudy Multz Program Manager Child and Family



Christy Russ Program Manager Adult Rehab



Shane Kilcher Program Manager Pride

### SPBHS

### Our Mission

The Center Partners with individuals, families, and communities to enhance the health, productivity, and social engagement by offering comparisonate and evidencedbased services in the areas of developmental disabilities, mental health, substance abuse, and co-occurring disceders.

### Our Vision

A dynamic organization committed to outstanding care with and for communities, valuing integrity, and respect for all.

### We Believe

In the Individual's right to self-determination In the individual's right to be treated with dignity, kindness, and respect.

In innovative response to obstacles.

That cooperation is founded on respect, honerly, and forgiveness, as well as the opportunity to change.

In forging partnerships that create synergy within the community.

That diverse opinions enrich outcomes

In collaboration, commitment, teamwork, and problem rolving

That integrity and personal responsibility are core to ethical behavior.

### SERVICES

**The Center**— Individual, group, couples, and family therapy. For children, young adults, and adults. SPBHS takes all insurance and offers a sliding scale for anyone without. Additionally, medication support, YHDP, ASAP services, case management, and our administrative offices are all housed at The Center.

Journeys— Adult mental health rehab services. Individual and group day support across multiple setting including in home, in the community, and at our Parkside Building. Case management, IPS, and other services are also available through Journeys.

Child and Family Services— Youth (ages 4-21) mental health rehab services are available for children and families across multiple settings including in home, in the community, in schools, and in our Center offices.

Pride— Child and adult Intellectual and Development Disability Services. For any individual with a State Waiver, we offer Day Hab, Supported Living, and Family Hab services across multiple settings in home, in the community and at our Parkside Building.



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